

# TN SAILS

The monthly newsletter of Tamil Nadu Sailing Association



MAY 2006

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FOR PRIVATE CIRCULATION ONLY

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## Comm Chitnavis takes over as NCC Chief

We take great pleasure in inviting you back as a Governing Council member of the TNSA in this new post and look forward to continuing a fruitful and friendly relationship with you and the NCC.

- from the Hindu Dated 30-04-06

Commodore Uday Narayanan Chitnavis assumed charge as the new Deputy Director-General of NCC (Tamil Nadu, Pondicherry and Andaman & Nicobar Islands) on Saturday. He succeeded Commodore P.P. Singh, who is superannuating on April 30.

After a brief handing over ceremony at the DDG headquarters here on Saturday, Commodore Chitnavis said all efforts would be made to ensure that members of the National Ca-

## Summer Sailing Camp 2006

Brainchild of Ashish Mehta, our Official Handicapper and Measurer this is the second time around that we conducted the Summer Sailing Camp. Needless to say though levels of enthusiasm were high amongst newcomers to the sport last year only a few stayed on with it, notably, sisters, Aishwarya and Ashwini and Bheeshma, the latter two going out to the Cadet Class. It has been our experience that children are interested in coming but parents feel lazy about carting them around. So, this year at the selection stage itself attempts will be made to identify sailors who can car-pool so that the logistics of transport are at least covered.

Any Organization is as good as its body of members and the TNSA is proud to say that we have a committed body of members who are ready to volunteer with any effort. As already mentioned earlier, Capt Ravi Kumar and his wife Shanta are known to all sailors for their indulgence and help in committee boats, while the summer sailing camp throws up some more like Maj Venkatesh Bhaskar and treasurer Ajit Diaz, who beside masterminding the fundraising for the Coastal Nationals 2006 is volunteering with Capt Ravi Kumar to assist Ashish Mehta in the water maneuvers. Thanks a ton guys! We just can't be whatever we are without you.

The Tamil Nadu Sailing Association (TNSA) successfully held a week long Summer Sailing Camp which concluded on Sunday the 23rd of April. There

dets Corps (NCC) participated in social welfare and awareness activities in some manner or the other. The Directorate was doing "extremely well" as compared to others, he said, and added that his predecessor had set very high standards to follow.

Commodore Chitnavis, an NDA graduate, was commissioned in 1973 and had held several prestigious appointments. He had commanded several naval ships and served as Director, Submarine Acquisition at the naval headquarters. Prior to his present assignment, he was Commander, Coast Guard Regional (East) controlling coastal areas from Haldia to Kanyakumari.

He had actively engaged himself in the tsunami relief operations in December 2004. Commodore Chitnavis was awarded Nau Sena Medal for devotion to duty during 1991.

were 22 registrations in all from enthusiastic boys and girls ranging from eight years to thirty-five years.



To beat the summer heat, the coaching was well timed between 6.30 am and 11.30 am.

The coaching regime commenced with 30 minutes of warm up exercises followed by classroom session where the basics of sailing were imparted to the newcomers.



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## Cadet Class wound up

The Indian national Cadet Class Association has been wound up as, in the words of the Chairman of the Class Association, Commodore Rabi Ahuja "we are not able to comply with requirement of the YAI and also the World body and that the Cadet Class Boats presently in use do not comply with buoyancy requirements and other obligations of the Class. The Cadet Class was formed in 1971 to promote sailing for the young. Three World Championship were conducted and medals won in 1976 and 1988. The Cadet Corps invested lakhs and lakhs to give opportunities to young sailors. Most top sailors till 1998 originated from the Cadet Class. However no other Club took to active Cadet Class Sailing. We loaned SCC boats to young sailors (including to RMYC sailors) to take part in Nationals and keep the Class going. For the 1996 World Championship, 66 Cadet Class Boats were built (paid for by the Sea Cadet Corps). YAI Council was kept informed over the years on the need for more Clubs to take to Cadet Class. However not being an Asian Games class, support was practically nil. Finally after consultation with the HSG YAI, it was decided to wind up the Class. Having nurtured a Class for over 30 years, the decision to wind up has not been easy. The Class needed more Clubs to own and actively use the boats to continue its affiliation with YAI and the ICC. The Class needed up dated Cadet Class Boats (these are rather expensive) as per current Class Rules, which comply with buoyancy, and other Class Rules. The decision has not been easy, but it has become necessary.

## Optimist National Class Coach in Chennai

The Optimist Class coach Maj Milind Desai held a four day coaching camp for all the Optimist Sailors who went for the Coastal Nationals in Mumbai. This was possible entirely because of Maj Milind's enthusiasm and the commitment of the NOAI, which has ensured that class coaches will travel to different locations to fortify local efforts at coaching. This is the first time that a Class Coach is holding a camp and members will be glad to hear that before the Laser Coastal national Sailing Championships 2006, the TNSA has already requested the LCAI and the LCAI has concurred that a Coaching camp will be held by a Class National Coach before the event.



The Optimist sailors were an enthusiastic bunch who were present at the Association from 8 am helping out with the Summer Sailing Camp training and then going out on the water immediately after lunch. The on water sessions were concluded with a debriefing which would highlight all the tactical mistakes committed by the sailors and orient them towards better performance. "I enjoyed myself immensely here, says Maj Milind and he has promised to be back sometime in the future for a longer camp so that our children can benefit from his expertise and coaching.



We thank both the NOAI and Maj Milind Desai for their enthusiasm and efforts in coaching Optimist sailors at Chennai. And look forward to the Laser Coaching camp. Be sure to join up as soon as we send you the news.



## Laser Coastal coming to Town

The third Laser Coastal National Sailing Championships is being hosted by the TNSA (Tamil Nadu Sailing Association) in the final week of May 2006 in the waters off the Coast of Chennai. The Laser dinghy as you already know is an Olympic Class dinghy. It is a very popular class with the sailors of our country and typically a national championship will include anywhere between thirty to fifty boats in the class, making it a very colorful, graceful, and exciting event. The event attracts participants from Mumbai / Goa / Hyderabad / Khadakavasala (NDA) / Hyderabad & Chennai . About 40 ~ 50% of participants are in under 15 age group. Another 40 ~ 50% in 15 ~ 25 Age Group. Balance in the 25+ category

In 2004 and 2005, the TNSA Coastal Nationals, were a grand success with sailors from all over the country participating and making it a Regatta to remember. Sailors who were successful in these events qualified to represent the country at the Laser World Championships in Brazil last year. The races were covered extensively in the Press and Electronic media all over the country. It is proposed that this year's event will be the qualifier for sailors who wish to participate in the Youth Worlds to keep attendance at a very high level and the competition very keen.

The Laser Coastal Nationals is held under the aegis of the Yachting Association of India and the Laser Class Association of India. YAI is the premier national body affiliated to the world body of sailing - the International Sailing Federation (ISAF). The races that constitute these events will be supervised by officials of national and international repute under the mandate of the national class associations affiliated to the Indian Olympic Association.

The races will be held in the open sea clear of the Chennai shipping channel and provide a challenging battleground to the contestants from all over India for supremacy over wind and waves. There will be a series of 9 races in the Laser Standard, Laser Radial rig and the Laser 4.7 - wherein overall position at the end of the series will identify the national winners.

The Executive Committee is currently approaching the press and television media to cover the event across a national scale as was done in the last couple of years. For the second time in the championships, we are also organizing a special event 'The Open Class Championship' where we expect participants from all categories of boats such as Enterprise, Lasers, Cadets and Optimists. The Chennai Port Trust, Indian Navy, Coast Guard, and the NCC are extending their support in terms of providing help in the rescue, communications and other logistic operations related to the event.

As it is a very prestigious event, we will have the Chief of the Navy, Coast Guard Commander, Chief of NCC, Chairman and Deputy Chairman of the Madras Port Trust, Chief of SDAT (Sports Development Authority of Tamil Nadu) and other dignitaries present for the Event Flag Off and the Regatta Dinner. The press and several VIPs including the Minister for Sports, Minister for Transportation, Tamil Nadu are being invited for these events to ensure adequate publicity for the sponsor and for the event.

### Organizational Hierarchy

Organizing Secretary : Mr. Ajit Diaz

Race officials : Brig G. S. Jhulka  
Munna Jamal

Observer : Col Saini

### Jury :-

President : Arjuna Awardee, Mr.C.S. Pradipak

Jury officials : Mr. Raj Malhotra  
Brig Jaggi

## Selection Trials for International Circuits

The selection trials for Foreign circuits were conducted in Mumbai from April 17th to 24th in the Men - Mistral Light, Mistral Heavy, Laser Standard, 470, 420, Women -, 420, Open - Laser radial, Match Racing, the results of the trials are as follows:

### Result of Yai Selection Trials for Asian Games (Foreign Circuit) from 17-24 Apr 06

#### 470 CLASS

Pos	Name of Club	Name	Helm/ Crew	Sail No.	Race Numbers											Tot Pts	Dis Pts	F Pts
					I	II	III	IV	V	VI	VII	VIII	IX	X	XI			
1	INWTC	F Tarapore Vikas Kapila	Helm Crew	IND 17	1	1	2	1	2	1	1	2	1	1	2	15	2	13
2	AYN	Pushparajan Mutthu Nijesh Bhaskar	Helm Crew	IND 18	2	2	1	2	1	2	2	1	2	2	1	18	2	16
3	AYN	Mithu Nahak V Singh	Crew Helm	IND14	3	4	3	4	3	4	7	3	4	4	3	42	7	35
4	AYN	Narander Singh PVS Raju	Crew Helm	IND 16	4	3	7	3	4	3	3	5	3	3	5	43	7	36
5	AYN	Yaduraj Lad Pallav Sud	Crew Helm	IND 15	7	6	7	5	5	5	4	4	7	5	4	59	7	52
6	AYN	M Narander Babu G Singh	Crew Helm	IND 8	5	5	7	6	6	6	5	7	7	6	6	66	66	59

#### LASER FULL RIG

Pos	Name of Club	Name	Sail No.	Race Numbers											Tot Pts	Dis Pts	F Pts
				I	II	III	IV	V	VI	VII	VIII	IX	X	XI			
1	CEC	Capt NS Johal	183055	1	1	1	1	1	2	4	1	1	1	1	15	4	11
2	INWTC	Amit Arvind	7	5	2	2	3	2	3	5	4	3	2	2	33	5	28
3	AYN	DP Selvam	183052	3	3	3	5	3	4	2	3	2	3	4	35	5	30
4	AYN	Jasvir Singh	183056	2	4	5	7	4	1	3	6	7	4	5	48	7	41
5	AYN	V Harihara	183064	6	7	6	4	5	5	1	2	5	5	3	49	7	42
6	AYN	Sukhvir Singh	183054	4	5	4	2	7	6	6	5	4	11	6	60	11	49
7	INWTC	Lt A Tomy	163042	7	6	9	6	6	7	8	9	10	6	8	82	10	72
8	TNSA	Sandeep G	185629	9	10	18	11	11	8	7	7	6	7	7	101	18	83
9	AYN	Rahesh Kumar	177469	10	9	8	10	10	10	9	8	8	8	9	99	10	89
10	RMYC	Ajay Rao	185819	12	8	7	9	8	12	12	12	18	12	11	121	18	103
11	INWTC	Randhwa	163102	8	11	18	8	9	11	11	15	11	9	18	129	18	111
12	AYN	T Buvaneshvaran	177465	11	18	18	12	12	9	10	10	9	10	10	129	18	111
13	AYN	Lt GS Bajwa	176696	13	18	18	14	13	13	13	13	18	14	12	159	18	141
14	INWTC	G Sahoo	52	18	18	18	15	14	14	15	11	18	13	13	167	18	149
15	CEC	Prajrsh V	168920	18	18	18	13	18	18	14	18	18	18	18	189	18	171
16	CEC	Gyander Singh	168918	18	18	18	16	18	18	16	14	18	18	18	190	18	172
17	INWTC	Tapas Devnath	71	18	18	18	18	18	18	17	18	18	18	18	197	18	179

#### LASER RADIAL

Pos	Name of Club	Name	Sail No.	Race Numbers											Tot Pts	Dis Pts	F Pts
				I	II	III	IV	V	VI	VII	VIII	IX	X	XI			
1	AYN	Rajesh Choudhary	183064	1	1	1	1	16	1	1	1	2	1	1	27	16	11
2	AYN	Dharmender Singh	177469	2	3	3	3	4	2	6	2	1	4	5	35	6	29
3	GYA	Salil Sabir	9	3	6	4	5	1	4	2	3	5	2	2	37	6	31
4	AYN	BK Rout	183084	4	2	2	2	2	3	3	4	3	6	6	37	6	31
5	AYN	Parvinder Singh	177466	5	4	6	6	3	6	5	5	4	7	3	54	7	47
6	INWTC	SS Yadav	163100	6	5	5	4	5	5	4	6	6	3	4	53	6	47
7	AYN	SR Rout	167471	7	7	7	7	6	7	7	7	7	5	8	75	8	67
8	CEC	U Sideshwar	0	16	16	16	9	8	9	9	9	16	8	7	123	16	107
9	RMYC	Rohini Rau	5	16	16	16	8	7	8	8	8	16	9	16	128	16	112
10	RMYC	Mrinalini (F)	4	16	16	16	13	16	16	12	10	16	10	16	157	16	141
11	CEC	Ramesh Kumar	168918	16	16	16	12	9	16	13	16	16	16	16	162	16	147
12	TNSA	Abhimanu N	23	16	16	16	10	16	16	10	16	16	16	16	164	16	148
13	AYN	Kabir Tombat	8	16	16	16	11	16	16	11	16	16	16	16	166	16	150
14	CEC	Sonpaul	168910	16	16	16	16	16	16	14	16	16	16	16	174	16	158
15	TNSA	Sidhart	2	16	16	16	16	16	16	16	16	16	16	16	176	16	160

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## ...Selection Trials

### Asian Games

#### First Round Selection Trials For Foreign Circuit

#### Round Robin 1

Flight No.

1	R Mahesh	Malav Shorf	1	0
2	S Bashir	Malav Shorf	0	1
3	Malav Shrof	Aashim Mongia	0	1
4	S Bashir	Aashim Mongia	0	1
5	S Bashir	R Mahesh	0	1
6	Aashim Mongia	R Mahesh	0	1

#### Round Robin 2

Flight No.

1	Malav Shorf	R Mahesh	0	1
2	Malav Shorf	S Bashir	1	0
3	Aashim Mongia	Malav Shrof	1	0
4	Aashim Mongia	S Bashir	1	0
5	R Mahesh	S Bashir	1	0
6	R Mahesh	Aashim Mongia	1	0

#### Result after I & II Round Robin

Team	I	II	Total Point	Position
R Mahesh	3	3	6	1
Aashim Mongia	2	2	4	2
Malav Shorf	1	1	2	3
S Bashir	0	0	0	4

#### Final Round (Best of five)

Flight No	Team		
1	A Mongia	R Mahesh	0 1
2	R Mahesh	A Mongia	1 0
3	A Mongia	R Mahesh	0 1

#### Final Result

R Mahesh	3	Winner
A Mongia	0	Runners Up

## ...Summer Sailing Camp 2006

Thereafter, the beginners were taught how to rig up the boats and were actually cast off on to the waters to have a first hand feel at the helm. By the end of the camp, the sessions were entirely training on the water in the afternoons when the winds were slightly stronger.



The thrill of proximity to both the elements – water and wind – enthused the new sailors and awakened the dormant spirit of adventure. This zeal was reflected in the hundred percent attendance at the camp on all days.

The winner for Freshers' Regatta is Rukshan Diaz and runners up are Tanmay and Varun Kishanna. In the Enterprise class it was Ananth with crew Lingesh who finished ahead of the others.

See what the newcomers had to say about their experience:

**"I went over to the water and learnt to sail. I would like to come back and make it a regular activity."** - Pranav 10 yrs

**"Fun going into the water fun learning Physical Training and it was an enjoyable and fun experience"** - Aaditya 11

**"What I like about sailing is the sense of freedom and the feeling of space. I would like to take it as a hobby."** - Tanmay

### Laser Coaching camp

The TNSA is conducting a Laser Coaching Camp before the National Sailing Championships in May. This will help newcomers to the Chennai waters acclimatize to the conditions prevalent here and make the competition even more keen as the field gets level with the sharing of the common knowledge. Maj Dhillon or Maj Gautam Dutta will be conducting this event and this whole camp was possible because of Col Anil Shirodkar's involvement with the idea right from the beginning.

#### Class Room

- ❖ Parts of a boat; boat dynamics; forces acting on a sail boat; knots
- ❖ Sailing: Concepts; Points of sailing; Sail Controls
- ❖ Maneuvering in the water – tacking, gibing, mark rounding; centerboard and rudder manipulation
- ❖ Sailing a course; starting; rounding and finishing
- ❖ Upwind sailing; finer points of sailing; Basic rules of the road – starboard/port; windward/leeward; inner/outer boat.
- ❖ Completing a course; capsizing drill

## Bonne Bouche

### Stolen Car

A drunk phoned the police to report that thieves had broken in to his car.

"They've stolen the dashboard, steering wheel, break pedal, even the accelerator," he cried out.

However, before the police investigation could get under way the phone rang a second time, with the same voice came over the line. "Never mind," said the drunk with a hiccup, "I got in the backseat by mistake."

### Memory Fails

A 65-year-old woman gave birth to a baby boy.

When she was discharged from the hospital and went home, her relatives came to visit.

"May we see the new baby?" one asked.

"Not yet," said the mother. "I'll make coffee and we can visit for awhile first."

Thirty minutes had passed, and another relative asked, "May we see the new baby now?"

"No, not yet," said the mother.

After another few minutes had elapsed, they asked again, "May we see the baby now?"

"No, not yet," replied the mother.

Growing very impatient, they asked, "Well, when can we see the baby?"

"WHEN HE CRIES!" she told them.

"WHEN HE CRIES?" they demanded to know why.

"Why do we have to wait until he CRIES?"

"BECAUSE, I forgot where I put him!"

### A Long Celebration!

A man and his wife are dining at a table in a plush restaurant, and the husband keeps staring at an old drunken lady swigging her gin as she sits alone at a nearby table, until the wife asks,

"Do you know her?"

"Yes," sighs the husband, "She's my ex-wife. She took to drinking right after we divorced seven years ago, and I hear she hasn't been sober since."

"My God!" says the wife, "Who would think a person could go on celebrating that long?"